



Spears
Restaurant
& Pie Shop

Gourmet
SALADS TO GO
316-943-2783



Trio Salad- \$9.29

Three-In-One. Tuna salad, Chicken Salad and Cottage Cheese garnished with fresh fruit.

Fried Chicken Salad- \$9.69

Fried chicken strips served over fresh greens, topped with cheddar cheese, tomatoes, olives and egg slices.

The Natural- \$9.69

Lettuce, tomatoes, olives, egg slices, sprouts, cheddar cheese, sunflower seeds and raisins.

Chef's Salad- \$9.59

Diced ham, turkey and cheddar cheese, garnished with olives, eggs and tomato.

Chicken Breast Salad- \$9.79

Tender, flavorful strips of grilled chicken breast piled on a bed of lettuce with tomato, cucumber, shredded cheddar and black olives.

Choice of Dressings:

Bleu Cheese, Thousand Island, Ranch, Honey-Mustard, French, Low-Calorie Italian and Fat Free Ranch.

Served with slice of pumpkin bread and honey butter!